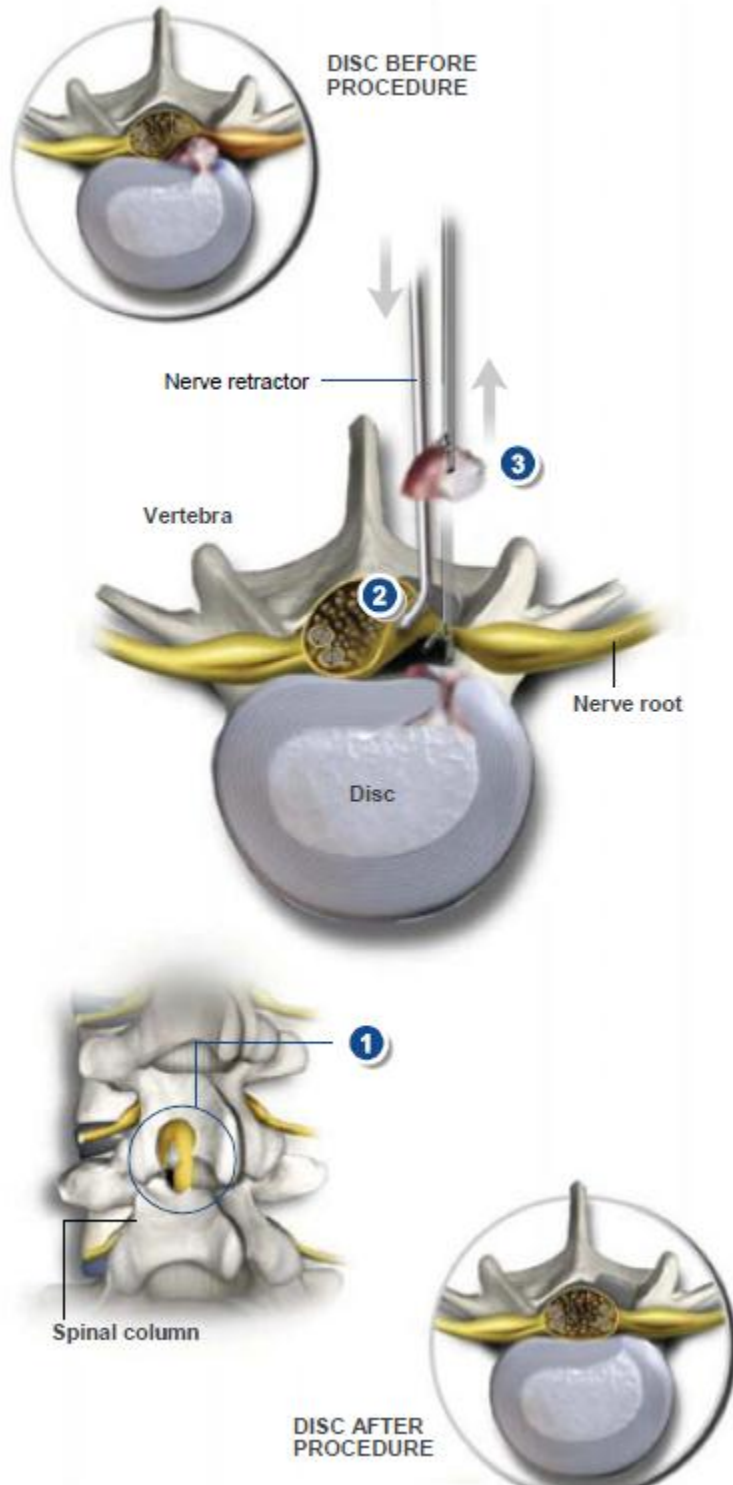


Cervical Microdiscectomy



Overview

This technique is used to remove the herniated portion of a vertebral disc. This can eliminate arm pain caused by nerve root compression. This procedure is performed through a small posterior incision on your neck.

Lamina Opened

After creating a small incision directly over the herniated disc, the neurosurgeon creates a small window in the lamina (the bone covering the spinal canal)/ the pinched nerve root and the herniated disc can be seen through this opening.

Spinal Nerve Moved

The neurosurgeon uses a nerve retractor to gently move the spinal nerve away from the herniated disc.

Herniation Removed

The herniated portion of the disc is removed, eliminating pressure on the nerve root. Only the damaged portion of the disc is removed, leaving any healthy disc material to perform its function as a cushion between the vertebrae.

End of Procedure

The tools are removed, and the spinal nerve returns to its normal position. The incision is closed.