

Health Care Navigator Program

Triangle Orthopaedic Associates, P.A. is pleased to announce a new program which will assist our employees in managing and monitoring chronic illness conditions in conjunction with our health care benefits plan.

Effective August 1, 2006 the Utilization and Review program that has been a part of our health care plan with Employee Benefit Services will be enhanced to include the services of a Registered Nurse who will interact with individuals in our group who have been diagnosed with chronic illnesses. The program is designed to assure that employees and their dependents get the full benefit of recommended testing, monitoring and treatment that is consistent with American Medical Association standards and geared to promote the best possible health for the patient.

If you qualify under this program you may expect to be contacted by the Health Care Navigator Nurse in the following manner:

- You will receive an introductory letter relative to your chronic condition.
- You will be provided with personalized service relative to that condition.
- You will be provided with information about your condition and informed of the minimum standards of care that you should be receiving.
- You will be provided with telephone numbers, Web sites and educational material relating to your condition.
- You will be assisted in locating a primary care physician in your area if you do not have one.
- You will receive answers to questions you might have about the providers (doctors and hospitals) in the network your plan uses.

Overall, the program is designed to provide you with assistance in navigating your way through the healthcare system so that you are able to maximize your benefits and receive high quality care.

To learn more about this program yourself, please feel free to contact one of the Health Care Navigator Nurses at:

Health Care Management, Inc. ®
8330 Allison Pointe Trail
Indianapolis, IN 46250
800-352-5071